

Counselor Connection

Welcome Back

Thank you for your patience the first week of school. We had over 25% of our students ask for schedule changes and we were able to honor most of them. Now that the first week is complete, we are excited to move on to why we became counselors. Working with young people to realize their goals for high school graduation as well as moving on to a post secondary goal.

We adhere to the American School Counseling Association (ASCA) National Model which provides a flexible framework high school counselors use to develop a program designed to meet their students' unique needs.

ASCA describes the role of high school counselors as educators uniquely trained in child and adolescent development, learning strategies, self-management and social skills who understand and promote success for today's diverse students. "They implement a school counseling program to support students through this important developmental period. The program provides education, prevention and intervention activities, which are integrated into all aspects of students' lives. The program teaches knowledge, attitudes and skills students need to acquire in academic, career and social/emotional development, which serve as the foundation for future success.

High school counselors do not work in isolation; rather they are integral to the total educational program. They provide a proactive program that engages students and includes leadership, advocacy and collaboration with school staff, administration and community/family members in the delivery of programs and activities to help students achieve success. High school counselors also collaborate with teachers and parents on early identification and intervention of children's academic and social/emotional needs, which is essential in removing barriers to learning and developing skills and behaviors critical for academic achievement."

We look forward to being a part of your students' village. Please don't hesitate to contact your student's counselor for assistance.

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Important Dates

Aug. 28	Back To School Night
Sep. 02	Labor Day Holiday
Sep. 04	Senior Parent College Information Night
Sep. 11	Progress Reports
Sep. 18	Late Start
Sep. 20	SLCHS Advancement Gold Gala
Oct. 04	Homecoming
Oct. 05	Homecoming Dance
Oct. 09	Junior/Sophomore Parent Information Night
Oct. 11	End of the 1st Quarter
Oct. 14	No School
Oct. 16	PSAT Day
Oct. 17	Report Cards

College Recruitment Visits

In the past college recruiters have come during our lunch period. They have indicated that this is not a very effective way to share valuable information with our students. This year students will sign up for college recruiter visits in advance and receive passes to attend. Visits typically last 30-45 minutes and students will be responsible for missed work.

Sign up sheets are in the counseling office.

College Visits Scheduled

Sep 06 @ 8:00 AM

LSU College of Music & the
Dramatic Arts

Sep 23 @ 7:30 AM

Tulane University

Sep 24 @ 7:30 AM

Northwestern University

PSAT

In October, all of our students in grades 9 through 11 will have the opportunity to participate in the national PSAT Exam.

The PSAT/NMSQT is the Preliminary SAT/National Merit Scholarship Qualifying Test. The PSAT is a great primer for the SAT, and even the ACT, but it's more than just a trial run. PSAT scores are used to identify National Merit Scholars based on 11th grade scores and award merit scholarships. More than 3.4 million high school students participate in this nationwide, multiple-choice test every year.

One of the benefits of taking the PSAT is that students get the opportunity to see what college admissions testing looks like – both from a knowledge and a mental stamina stand point. It is our hope that we can help build mental stamina as our students progress at St. Louis Catholic. Once we have the scores back from PSAT, the counseling team will hold outreach sessions showing students and parents how to interpret the scores and how students can improve on areas of weakness as well as develop that mental stamina so that our students can achieve post-secondary success after high school.

CPSB Annual College & Career Event

Save the date!

October 7, 2019

All parents and students are welcome to attend this event hosting college admissions counselors from across the state and region. Military recruiters will be available for those interested in pursuing enlistment right out of high school.

Register now at LACRAO.gotocollegefairs.com

Save time at the fair by filling out your info online, then bring your barcode to the fair and get scanned by interested colleges.

ACT Dates 2019-2020

It is recommended that students start taking the ACT in the spring of their Sophomore year. Register online at act.org and use the school code of 191-470 for St. Louis Catholic.

Test Date:	October 26	December 14	February 8
Registration Deadline:	Sept 20	Nov 8	Jan 10
Late Registration Deadline:	Oct 4	Nov 22	Jan 17
Test Date:	April 4	June 13	July 18
Registration Deadline:	Feb 28	May 8	Jun 19
Late Registration Deadline:	Mar 13	May 22	Jun 26

Students can now practice free with ACT Academy. This is a free online learning tool and practice program designed to help students get the best score possible on the ACT test. Their services include:

- Personalized resources
- Accessible anywhere there's an internet connection
- A full length ACT test option and ACT test sections
- Educational games to drive mastery of content

Check it out at act.org/academy

Look for important information about what's going on in the SLCHS Counseling Department at <https://www.slchs.org/counseling/>

